

## Gymnast Bag - Apparel and Equipment suppliers

## \*Brands information:

## Apparel brands

- Decathlon is the cheapest because they have general merchandise.
- The others are professional RG.

## Equipment brands:

- Sasaki (Nishoshi) is the best but also the most expensive.
- Chacott (Romsport) is the second best, prices are affordable.
- Pastorelli (ShopGymnastics) and Venturelli (Venturelli) are good brands with affordable prices. Venturelli has a store in Moncton.

ATTENTION! Do not buy apparatus from other suppliers that are not FIG approved! It is not allowed in competitions.

Apparel/Equipment	Mandatory	Website
		Any or
Tank top	Yes	https://www.decathlon.ca/en/ https://www.nishohi.com/ca/ https://shopgymnastics.ca/ https://venturelli.ca/
Black Legging and Shorts	Yes, both	Any or https://www.decathlon.ca/en/ https://www.nishohi.com/ca/ https://shopgymnastics.ca/ https://venturelli.ca/
Long sleeve shirt (black, white or pink; no hood)	Yes	Order Here (Rhapsody Logo) https://www.decathlon.ca/en/. https://www.nishohi.com/ca/ https://shopgymnastics.ca/ https://venturelli.ca/
Toe shoes	No	https://www.nishohi.com/ca/ https://www.romsport.com/ https://shopgymnastics.ca/ https://venturelli.ca/
Stretch Band	No	https://www.nishohi.com/ca/ https://www.romsport.com/ https://shopgymnastics.ca/ https://venturelli.ca/
Resistance Band	No	Any or www.amazon.ca/resistanceband
Rhythmic Gymnastics Knee pads	No	Any or  https://www.nishohi.com/ca/ https://www.romsport.com/ https://shopgymnastics.ca/ https://venturelli.ca/
Ankle and wrist weights (2 pairs)	No	Any or <a href="https://amazon.ca/ankleweights">https://amazon.ca/ankleweights</a>
Rhythmic Gymnastics Leg Warmers	No	https://www.nishohi.com/ca/ https://www.romsport.com/ https://shopgymnastics.ca/ https://venturelli.ca/
Rhythmic Gymnastics Apparatus	No	https://www.nishohi.com/ca/ https://www.romsport.com/ https://shopgymnastics.ca/ https://venturelli.ca/
Equipment Holder	No	https://www.nishohi.com/ca/ https://www.romsport.com/ https://shopgymnastics.ca/ https://venturelli.ca/
Elastics, clips	Yes	Any
White socks	Yes	Any
Running shoes	Yes	Any
Back Pack	Yes	Any or <u>Order Here</u> (Rhapsody Logo) <u>https://www.nishohi.com/ca/</u>
Notebook/Pen	Yes	Any
Water bottle	Yes	Any or https://www.nishohi.com/ca/
Towel	Yes	Any or https://www.nishohi.com/ca/