

## Beginner/Precompetitive Gymnast Bag - Apparel and Equipment supplier

Equipment	Mandatory	Website
Tank top	Yes	https://www.decathlon.ca/en/ https://shopgymnastics.ca/ https://venturelli.ca/ https://www.slonny.com/en
Black Legging and Shorts	Yes, both	Any or  https://www.decathlon.ca/en/ https://shopgymnastics.ca/ https://www.slonny.com/en https://venturelli.ca/
Long sleeve shirt (black, white or pink; no hood)	Yes	Order Here (Rhapsody Logo) https://www.decathlon.ca/en/ https://shopgymnastics.ca/ https://www.slonnv.com/en https://venturelli.ca/
Toe shoes	No	https://shopgymnastics.ca/ https://www.slonny.com/en https://venturelli.ca/ https://www.romsport.com/
Stretch Band	No	https://shopgymnastics.ca/ https://venturelli.ca/ https://www.romsport.com/
Resistance Band	No	www.amazon.ca/resistanceband
Rhythmic Gymnastics Knee pads	No	https://shopgymnastics.ca/ https://venturelli.ca/ https://www.romsport.com/

Ankle and wrist weights (2 pairs)	No	https://amazon.ca/ankleweights
Rhythmic Gymnastics Leg Warmers	No	https://shopgymnastics.ca/ https://venturelli.ca/ https://www.romsport.com/
Rhythmic Gymnastics Apparatus	No	https://shopgymnastics.ca/ https://venturelli.ca/ https://www.romsport.com/
Equipment Holder	No	https://shopgymnastics.ca/ https://www.slonny.com/en https://venturelli.ca/ https://www.romsport.com/
Elastics, clips	Yes	Any
White socks	Yes	Any
Running shoes	Yes	Any
Back Pack	Yes	Any or <u>Order Here</u> (Rhapsody Logo)
Notebook/Pen	Yes	Any
Lunch bag	Yes	Any
Water bottle	Yes	Any
Towel	Yes	Any